

SUMMER
2017



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MERRYMEETING ADULT EDUCATION

SERVING BOWDOIN, BOWDOINHAM, BRUNSWICK, HARPSWELL AND TOPSHAM

Enriching Lives Through Community Education



Littlebit Breezy by Marv Wiehe

Learn to Stand Up Paddleboard!

Paddleboarding has become a very popular sport and anyone of any age can learn. It is great exercise and fun for the whole family. This hands on workshop is for the beginner and the experienced student. You will learn paddle strokes, maneuvering techniques as well as the best ways to balance standing on a board. Come join us for a fun time. Guides from Seaspray Kayaking and Paddleboarding will bring a variety of paddleboards to the Bowdoinham Town Landing. Under their expert care you will try a variety of boards and learn many ways to explore the coast on a paddleboard. Participants should bring their lunch, water, water shoes (if owned), hat and sunblock.

Sunday, July 9, 9 am - 12 pm
Location: Bowdoinham Town Landing
\$35/\$40 NR

Sea Kayaking Tour

Sea Kayaking Tour out of Sebasco Harbor in Phippsburg - scenic, historical and educational. Participants will review the paddling skills and safety necessary before exploring the Coast of Maine. Guides from Seaspray Kayaking and Paddleboarding will stop at Malaga Island and share the story of the past inhabitants. No experience necessary. Call 729-7323 to register and please indicate a single or double kayak.

Sunday, July 16, 1 pm - 4 pm
Location: Sebasco Harbor
\$40 single kayak; \$75 double kayak

NEW! Picket Fence Fish

Join Mandy for a colorful evening of repurposing fence slats into these funky fish. The instructor will provide the pre-cut and primed fence pieces. Students will be able to choose their own fish colors and be given instruction on painting them with a whimsical flair. Finished fish can be hung indoors.

A simple spray sealer will make them outdoor ready! There is a \$15 materials fee (for the first fish; \$10 for the second) made payable to the instructor, which includes all paint and the fence slat.

Instructor: Mandy Russell
Wednesday, July 12, 6:00 - 9:00 pm
Location: Adult Ed. Center
\$40/\$45 NR



Botanical Drawing, Artichokes

The artichoke is a classic subject with an unusual botanical structure. Although the form may seem difficult to draw, a simple method will be introduced that is less intimidating for even the beginner. Students will first use graphite pencils, then, if you choose, add colored pencils to capture the various hues to complete the project. Please bring an artichoke to class. Please bring drawing paper, tracing paper, 2h, HB graphite pencils, kneaded eraser, sharpener, colored pencils, clear plastic ruler, masking tape, drawing board, foamcore, masonite is best. Please bring snacks, and lunch. Drawing experience required.

Instructor: Lili Bates
Thursday & Friday, July 13 & 14, 9:30 am - 3 pm
Location: Adult Ed. Center
\$60/\$65 NR

Wild Food Foraging

This 4 hour course will include walking the woods to find edible wild food along with detailed descriptions of habitat and structure of the plants. Please contact the school to learn more about the specific location of the walk. David has been foraging for over fifty years. He is a member of the Maine Mycological Society and the North American Mycological Association. Required Supply List: Notebook and pen to take notes on your finds is very useful; a GPS may be an even better solution; basket, mesh or other bags; wax or brown paper; knife; bug repellent; hat; water or other refreshment and a snack; gloves; waterproof boots (preferred); tall socks you can tuck your pant legs; optional: vest with pockets or backpack, field guide, magnifying glass. Minimum age with adult: 12.

Instructor: Longbranch
Sunday, July 2 OR September 17, 1 pm - 4 pm
Location: Longbranch School
\$45/\$50 NR

Computer Tutoring

Get one-on-one instruction with a tutor to help with whatever challenges you are having on your Mac or PC. In your own home or here at the adult ed center. Call 729-7323 and we will put you in touch with one of our experts to have all your questions answered!

\$40 an hour



Herbal Series

This class is perfect for the beginner or someone looking to brush up on their herbal skills! Each week you will leave with some herbal goodness or make something to take home. We will discuss basic herbs, their Latin names and how they are commonly used to promote health and wellbeing. You will infuse your own oil and make a salve, use some of the herbs discussed the week before to infuse oils and make your own healing salve. Make a tincture to take home using your Herbal knowledge, make and formulate your own healing and tasty herbal tea blends. This class will look at common ways we can incorporate herbs into our diet through cooking and baking. \$50 material fee due to instructor on the first night of class. Katie Munn holds a Bachelor's degree in Sociology and is a Certified Clinical Herbalist and Nutritionist from The Colorado School of Clinical Herbalism.

Thursday, July 13, 5 weeks
6:00 pm - 8 pm
Location: Brunswick High School
\$150/\$160 NR

For more information and to register please call 207-729-7323, or visit us online at www.merrymeeting.org

GENERAL INFORMATION

Office Location & Phone

35 Republic Avenue, Topsham, Maine
 The office is located between Mt. Ararat High School and Mt. Ararat Middle School.

Phone: 207-729-7323

Summer Office Hours

Monday - Thursday: 9:00 AM - 9:00 PM
 Friday: 9:00 AM - 3:00 PM

Adult Education Advisory Committee

- | | |
|----------------------|------------------|
| Paul Perzanoski | Brad Smith |
| Christa Baade | Judith Long |
| Diana McCain | Jane Scease |
| Elizabeth Sokoloff | Jackie Jordan |
| Judy Connors | Vicki Seigel |
| Frannie Welch | Katie Clark |
| Steve Ciembroniewicz | Patrick Moore |
| Corey King | Gwendolyn Thomas |
| Nancy Weed | |

Class Locations

Adult Ed. Center
 35 Republic Avenue, Topsham, Maine

Brunswick High School
 116 Maquoit Road, Brunswick, Maine

Mt. Ararat Middle School
 66 Republic Avenue, Topsham, Maine

SMCC - Southern Maine Community College
 29 Sewall Street, Brunswick, Maine

Long Branch School
 20 Main Street, Bowdoinham, Maine

ABSolutely Fit Center
 9 Cumberland Street, Brunswick, Maine

Age Policy

The minimum age for participants in Merrymeeting Adult Education's enrichment courses is 16 years old. HiSET testing students must be 18 or 17 if they have been out of school for one year.



NO SMOKING
 Smoking is not permitted on school grounds.



The friendly and helpful staff of Merrymeeting Adult Education
 From left to right: Suzanne White, Carolee Tupper, Jinger Howell, Paul Elisha, Diana McCain and Dawn Wheeler.

Adult Education Staff

- Diana McCain, *Director*
 Dawn Wheeler, *Project Administrator*
 Paul Elisha, *Academic Counselor*
 Carolee Tupper, *Office Manager*
 Jinger Howell, *Evening Secretary*
 Suzanne White, *Evening Secretary*

Refund Policy

If you cannot start a course, notify us five business days prior to the first class and we will refund your fees less a \$2.50 withdrawal fee. Materials and books purchased by the student or other personal expenses are not refundable. We may cancel a class due to low enrollment or other circumstances. If we cancel a class all fees are refunded.

DIPLOMA & ACADEMICS

NR: Non-Resident

Course	Dates	Instructor	Location	Days	Time	Cost
HiSet Lab	Ongoing	B. Deady-Shultz K. Ingmundson	Adult Ed. Center	Tuesday & Thursday	5:00 - 8:00 PM	Free
HiSet Lab	Ongoing	K. Ingmundson	Career Center	Monday & Wednesday	9:00 - 12:00 PM	Free
Chemistry with Lab	June 27 - August 22	P. Funk	Brunswick High School	Tuesday & Thursday	5:00 - 8:00 PM	\$170 / \$180 NR *FREE see below
Critical Writing & Reading	June 27 - August 22	F. Welch	Brunswick High School	Tuesday & Thursday	5:00 - 8:00 PM	\$125 / \$135 NR *FREE see below
Biology with Lab	June 26 - August 16	P. Funk	Brunswick High School	Monday & Wednesday	5:00 - 8:00 PM	\$170 / \$180 NR *FREE see below
US History	June 27 - August 22	B. Goddard	Brunswick High School	Tuesday & Thursday	5:00 - 8:00 PM	\$125 / \$135 NR *FREE see below

Math Academy

Arithmetic & Algebra - Day	June 26 - August 16	J. Crosson	University College Bath Brunswick (Room 101)	Monday & Wednesday	9:00 - 12:00 PM	\$125 / \$135 NR *FREE see below
Arithmetic & Algebra - Night	June 26 - August 16	J. Crosson	University College Bath Brunswick (Room 101)	Monday & Wednesday	5:00 - 8:00 PM	\$125 / \$135 NR *FREE see below

*Course is free to adults enrolled in high school diploma or college transition programs.
 For more information or to enroll call 729-7323. Low income waivers available to all students.

HiSET (High School Equivalency Test) - No Cost

This is a five part test based on skill and knowledge areas in math, English, social studies, science and writing. Upon passing all five tests you are awarded a State of Maine Equivalency Diploma. Free preparation classes are available morning or evening for students to prepare for the tests.

Call for an appointment: 207-729-7323 ext 3. There is no cost for this program! HiSET Examiner: Paul Elisha

English Language Learners (ELL) - No Cost

Ongoing program throughout the year. Please call 729-7323

ONLINE COURSES

We offer a wide range of highly interactive courses that you can take entirely on the Internet. All of our courses include expert instructors, many of whom are nationally known authors. Our online courses are affordable, fun, fast, convenient and geared just for you. Go to www.ed2go.com/merry

Here are ten of the most popular online courses:

- > Creating Web Pages
- > Navigating Divorce
- > Accounting Fundamentals
- > Medical Coding
- > Veterinary Assistant
- > Intro to Microsoft Excel
- > Grammar Refresher
- > Medical Terminology
- > Intro to QuickBooks
- > Human Anatomy



AUTOMOBILE SAFETY

Driver Education

Application packet available at MAE or online at merrymeeting.org.

Instructor: Steve Reed
 Tuesday, June 26, 2:30-5:30 pm, Mon., Tues. & Weds.
 Location: Mt. Ararat High School
 \$460 / \$485 NR

Maine Driving Dynamics

This course offers all drivers the opportunity to improve their defensive driving abilities. Those completing the course will receive a three-point credit on their driving record.

Instructor: Bureau of Highway Safety
 August 15 & 17, from 6 pm - 8:30 pm
 Location: Brunswick High School
 Cost: \$45/ \$30 over 65 - No Discounts

Registration Form OR Register online at www.merrymeeting.org

Name _____ Email: _____
 Address _____
 Town _____ State _____ Zip _____
 Telephone: Home _____ Cell _____

Course Name	Start Date	Course fee	Book Fee	Totals

TOTAL _____

Visa Mastercard Discover
 Credit Card# _____ CVV#: _____
 Exp. Date _____ Signature _____
OFFICE USE ONLY:
 Receipt # _____ Reg Book: _____
 Balance Due: _____ Maine Stars: _____

Discounts:
 Senior citizen age 60+ deduct \$10 per class
 Employee: deduct 20% - not to exceed \$20
 No discounts for one night classes or trips.

Make checks payable to: Merrymeeting Adult Education, 35 Republic Avenue, Topsham, ME 04086

NEW COOKING CLASSES

NEW! All Thai'd Up!

Who needs takeout when you can easily create delicious, authentic Thai dishes at home? With Chris Toy you will create the flavors that make Thai cuisine uniquely delicious. Learn the techniques for making the perfect pad Thai, summer rolls and Thai wonton soup. As a bonus Chris will share tips for using and maintaining a wok. Food fee of \$10 included in cost. No discounts.

Instructor: Chris Toy
Wednesday, August 9, 6:00 pm - 8 pm
Location: Mt. Ararat High School
\$40/45 NR

NEW! I Scream - You Scream - We All Scream for Ice Cream!

In this fun summertime class we will make two types of ice cream and sorbet which will be served with a variety of toppings! We will also bake coconut cookies to build coconut cream sandwiches! Both hand crank and electric churning will be demonstrated. Each person should come prepared with small coolers and ice packs and tubs to take home the delicious booty -- if there is any left! No experience required. Children aged 12 and above may attend with an adult. This class may be one of your summer highlights! Material fee of \$10 is included in course fee. Class size limited! No discounts.



Instructor: Deb Arter
Monday, July 10, 1-4:00 pm for 1 afternoon
Location: Mt. Ararat High School
\$40 / \$45 NR

NEW! Tortilla Adventure

Maybe you've made corn tortillas from scratch but have you made them on a tortilla press you made yourself? Chris Toy has assembled kits for making presses and is offering them free to the students who register for this one-of-a-kind class. Assemble your press, make your tortillas on your new press and enjoy them with chipotle chicken, cold avocado soup and Mexican rice. Chris will bring the salsas and you will be feasting in no time. Bringing a Phillips head screwdriver for assembling the press is recommended but not required. Food fee of \$10 included in cost. No discounts.

Instructor: Chris Toy
Wednesday, July 19, 6-8:00 pm for 1 evening
Location: Mt. Ararat High School
\$40 / \$45 NR

NEW! Totally Irresistible Salsas

Who doesn't like salsa? The options available on store shelves are numerous but tend to be variations on the same theme of tomatoes with more or less of a chili kick. We want you to forget about store bought salsa and think beyond the tomato because Mimi Cargill is going to take you on a Salsa Adventure beyond your wildest imagination. Of course tomatoes will be part of the evening's salsas with her fresh Pico de Gallo but you will go way beyond with a variety of fruit salsas: think peach and pineapple, strawberry, blueberry and mango salsas. With an added chili pepper kick your taste buds will be dancing. And we won't forget the guacamole! \$12 food fee is included in the price of the class. No discounts.

Instructor: Mimi Cargill
Wednesday, August 16, 6:00-9:00 pm for 1 evening
Location: Mt. Ararat High School
\$30/\$35 NR

GENERAL ENRICHMENT

NEW! Visual Composition for Botanical Artists

Strong composition is essential to creating memorable botanical art and illustration. Students will address a range of basic principles concerning focal point, balance, and leading the eye. By observing one's own plant or variety of flowers, a final drawing can be accomplished. Some examples will be furnished by the instructor, but students are encouraged to bring their own subjects. Please bring drawing paper, tracing paper, 2h, HB graphite pencils, kneaded eraser, sharpener, colored pencils. Drawing experience required. Please bring snacks, and lunch. No discounts.

Instructor: Lili Bates
Thursday & Friday, June 1 & 2, 9:30 - 3:00 PM
Location: Adult Ed. Center
\$60 / \$65 NR

NEW! Botanical Drawing - Weeds

Our gardens are blooming and flowers are filling our senses with spectacular color and aroma. What lies beneath and between our well cared for blooms? WEEDS! We spray, we pull, and still they persist. There is a quiet dignity to the lonely weed. Dig them up, put them in a pot, and bring the pot to a very interesting class. As always, each student will receive individual attention. Please bring drawing paper, tracing paper, 2H and HB graphite pencils, kneaded eraser, sharpener, colored pencils, clear plastic ruler, masking tape, drawing board, foamcore or masonite work best. Please bring snacks and lunch. Experience required. No discounts.



Instructor: Lili Bates
Thursday, August 10, 9:30 - 3:00 pm
Location: Adult Ed. Center
\$30 / \$35 NR

NEW! Botanical Drawing, Market Flowers in Color

Enjoy this two day workshop using graphite and / or colored pencil techniques to capture the beautiful colors and details of flowers from our local markets. Some flowers will be provided, but students are encouraged to bring their own subjects, either from the market, or one's own garden. As always, each student will receive individual attention. Please bring drawing paper, tracing paper, 2h, HB graphite pencils, kneaded eraser, sharpener, colored pencils, clear plastic ruler, masking tape, drawing board, foamcore, masonite is best. Please bring snacks & lunch. Experience required. No discounts.

Instructor: Lili Bates
Friday & Saturday, September 8 & 9, 9:30 - 3:00 pm
Location: Adult Ed. Center
\$60 / \$65 NR

NEW! American Red Cross Babysitter's Training, including Child and Infant CPR and First Aid

Students ages 11-15 will learn through text, video and discussion the knowledge and skills needed to care for children while their parents are away. Students will learn basic caregiving skills as well as child and personal safety. Successful completion includes Child and Infant CPR/ First Aid. Must bring lunch/snack/drink. No discounts.

Instructor: Judy Emch
Thursday & Friday, August 3 & 4, 9:00 am - 4:00 pm
Location: Adult Ed. Center
\$25 / \$30 NR

NEW! Beginning to Stay Home Alone

Using games, puzzles, and discussion, students ages 8-11 learn the knowledge and skills needed to begin to stay home alone. Students learn about safe snacks and activities as well how to deal with potential problems, such as a fire or medical emergency. Includes a take-home booklet to be shared with parents. No discounts.

Instructor: Judy Emch
Tuesday & Wednesday, August 8 & 9, 10:00 am - 12:00 pm
Location: Adult Ed Center
\$30/\$35 NR

NEW! Introduction to Channeling

What is Channeling? Channeling is the ability to connect to the spiritual world and bring through information. We all have the skills to channel and most of us already do without realizing it but there are different ways to Channel. This one evening will describe the variety of Channeling, each level of beings one should channel. It will also touch briefly on the differences between Channeling, Mediumship, and using Psychic abilities. No discounts.

Instructor: Rose Morris
Tuesday, July 18, 6:00 - 8:00 pm for 1 evening
Location: Brunswick High School
\$30/\$35 NR

NEW! Intro to Tarot Cards

This three hour class will introduce you to the history of the Tarot and the story of the cards. We will briefly discuss all the aspects of the cards including Numerology, Astrology, Symbology and color themes throughout the cards and how they connect to the study of Qabalah. You will learn the difference between the Major and Minor Arcana and the stories of them both! No discounts.

Instructor: Rose Morris
Tuesday, August 15, 6-9 pm for 1 evening
Location: Brunswick High School
\$30/\$35 NR



NEW! Cartoon Illustration - Introductory Workshop

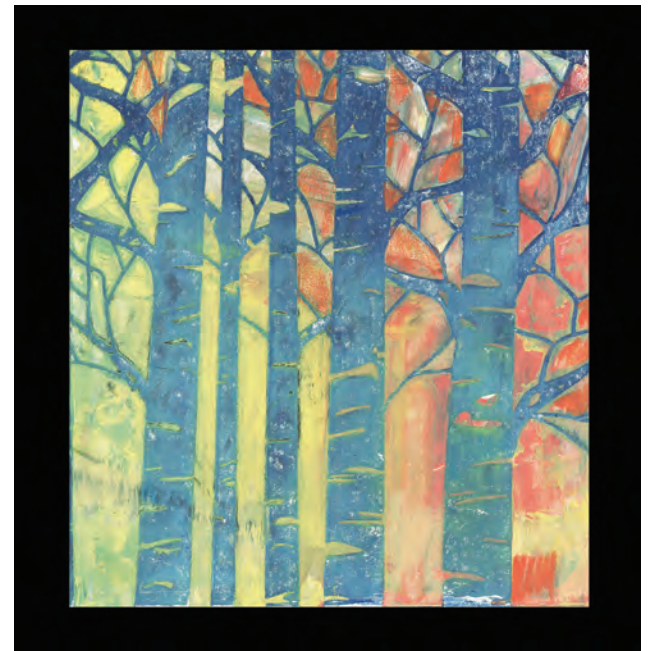
"Cartooning is a very powerful and intimate medium - its all about passion." Thomas Woodruff. Cartooning is much more than Archie, Superman and Peanuts. This misunderstood Art Form makes up the bulk of all Narrative Art and is used in: Animation, Children's Books, Advertising and Illustration - all the time. Not to mention: Political Cartoons, Gag Cartoons and Comic Strips. This class will focus on Gesture Drawing, Character Design and Narrative Art - telling jokes and stories with your drawings. Come and unlock your inner Cartoonist. Requires drawing pad, pencils and colored pencils. No discounts.

Instructor: Vance Bessey
Tuesday, July 11, 6:00 - 8:00 pm for 2 weeks
Location: Adult Ed. Center
\$35/\$40 NR

NEW! Figure Notation - The Art of Figure Drawing without a Model

Without a model? Is that even possible? Sure it is. If you would like to expand your drawing skills or to develop them to a professional level, you need to be able to do this. Drawing the human figure is at once the most difficult and the most satisfying aspect of art. This class cuts out the middleman (or woman), by teaching you to draw people without using models. Use the art of proportion, gesture and form, with a little anatomy thrown in, to create lifelike poses and faces. In tone or color. You will be surprised what you can accomplish with these techniques. Are you ready to take this challenge? Requires drawing pad, pencils and colored pencils. No discounts.

Instructor: Vance Bessey
Wednesday, July 5, 6:00 - 8:00 pm
Location: Adult Ed. Center
\$35/\$40 NR



Evening Light Through the Trees by Deb Arter

NEW! Time to Try Your Hand At Printing with the new Gelli Plates!

Join Debra Arter for a day of printmaking fun. We will use the new gelli plates with non toxic inks to create one of a kind prints. No experience is necessary. Price for class includes a \$10 material fee. We will print on both fabric as well as paper. End results may end up being used for cards or wall art. Surprise yourself!! Schedule an art day for you and your summer guests. Children over age 12 may accompany an adult. Space is limited so enroll early. No discounts.

Instructor: Deb Arter
Monday, June 26, 9:00 am - 1 pm
Location: Adult Ed. Center
\$40/\$45 NR

NEW! Watercolor Sketchbook Starter Workshop

Have you always wanted to keep a watercolor sketchbook but didn't know where, or how, to start? Join local artist Mandy Russell as she describes her process, and what she feels is the best way to incorporate a watercolor sketchbook as a daily (or almost daily!) practice. Mandy will bring her collection of watercolor palettes, brushes, and mark making tools. Students will follow several different sketching prompts and will learn techniques for coloring their sketches with watercolors. Students should bring a sketchbook, a 2B pencil, a favorite pen, a set of watercolors, and a little figurine of their choice. FMI visit www.mandyrussell.com. No discounts.

Instructor: Mandy Russell
Thursday, July 20, 6:00 - 9:00 pm
Location: Adult Ed. Center
\$30/\$35 NR

EXERCISE

NEW! Discover Your Movement through Nia

This 3 week introductory class will sweep you off your feet. Nia is an exhilarating barefoot fusion fitness class that draws from the Martial Arts, Dance, and Healing Arts. Have fun while getting a great workout that is easy on the joints (non-impact) and connects you to your awareness in motion. Students will learn to personalize the five sensations of fitness while exploring new movement patterns, and will leave feeling energized and grounded in the present moment, loving the gift of the body! Wear comfortable clothes, bring water and an optional yoga mat. Longer class will be offered in the Fall! *Non-street shoes are permitted if needed, though barefoot movement is strongly encouraged! No discounts.

Instructor: Erin Curren
Monday, July 10, 6-7 pm for 3 weeks
Location: Mt. Ararat Middle School
\$40/\$45 NR

NEW! Latin Workout with Lazaro

This dance fitness course includes the music of salsa, bachata, merengue afro rumba and more. Students will bust stress, boost energy and burn calories while using traditional and unique moves to fabulous music. Improvisation is encouraged.

Instructor: Lazaro Hernandez
Wednesday, July 12, 5:30 - 6:30 pm for 6 weeks
Location: Mt. Ararat Middle School
\$55/\$60 NR



What does NR mean?

NR represents Non-Resident.

A non-resident is anyone living outside of Brunswick, Bowdoin, Bowdoinham, Harpswell or Topsham.

NO DISCOUNTS ON ONE-DAY CLASSES

Check out these great courses for more summer fun!

We have omitted the following course descriptions to save from printing a larger and more expensive course catalog. For a full description of these courses, please visit merrymeeting.org or call 207-729-7323 ext. 1.

Thank you!



EXERCISE & DANCE

NR: Non-Resident

Course	Dates	Instructor	Location	Days	Time	Cost
Yoga with Ann & Dennis	May 31 5 weeks	Ann & Dennis Kimmage	Mt. Ararat Middle School	Wednesdays	5:15 - 6:15 PM	\$50/\$55 NR
Meditation & Stress Management	May 31 5 weeks	Ann Kimmage	Mt. Ararat Middle School	Wednesdays	4:00 - 5:00 PM	\$50/\$55
Belly Dance- Free Trial	June 6	Josephina Gasca	People Plus	Tuesdays	6:00 - 7:00 PM	Free
Belly Dance	June 13 8 weeks	Josephina Gasca	People Plus	Tuesdays	6:00 - 7:00 PM	\$96/\$101 NR
Latin Basics for Couples: (Cuban Salsa & Kizomba)	July 19 6 weeks	Anna Golendukhina	Mt. Ararat Middle School	Wednesdays	6:30 - 7:30 PM	\$55/\$60 NR
Bachata	July 19 6 weeks	Anna Golendukhina	Mt. Ararat Middle School	Wednesdays	7:30 - 8:30 PM	\$55/\$60 NR



ART

Drawing: Learning to See	June 14 8 weeks	Kathleen Boldt	Adult Ed. Center	Wednesdays	9:30 - 12:30 PM	\$95/\$105 NR
Continuing Drawing - Afternoon Session	June 13 8 weeks	Kathleen Boldt	Adult Ed. Center	Tuesdays	2:30 - 5:30 PM	\$95 / \$105 NR
Illustration for Comic Books/Graphic Novels, Continued Studies	July 3 8 weeks	Vance Bessey	Adult Ed. Center	Mondays	6:00 - 8:00 PM	\$96 / \$102 NR
Art Journaling with Photographs	July 19	Mandy Russell	Adult Ed. Center	Wednesdays	6:00 - 9:00 PM	\$30/35 NR



PERSONAL ENRICHMENT

Firearms Hunter Safety, ATV and Bow Hunting	TBD check merrymeeting.org	Dept. Inland Fisheries & Wildlife	TBD	TBD	TBD	TBD
An Introduction and Overview to Tiny House Construction	July 15	John Favreau	Long Branch School	Saturday	10:00 - 12:00 pm	\$45/\$50 NR
Edible Mushroom Collecting Walk	July 23, August 13 or September 10	David Spahr	Long Branch School	Sunday	1:00 - 4:00 PM	\$45 / \$50 NR
Beginning / Intermediate Guitar	July 3 8 weeks	Randy Lindsey	Mt. Ararat Middle School	Mondays	7:00 - 8:30 PM	\$75 / \$85 NR \$20 Material Fee
Beginner Singing	July 3 8 weeks	Randy Lindsey	Mr. Ararat Middle School	Mondays	5:30 - 7:00 PM	\$75 / \$85 NR \$15 Material Fee
Making Tinctures with Wild Medicinal Herbs	August 2	Katie Munn	Adult Ed. Center	Wednesday	6:00 - 8:00 PM	\$30 / \$35 NR
Tapping Into Your Higher Self	July 17 5 Weeks	Katie Munn	Adult Ed. Center	Mondays	6:00 - 8:00 PM	\$150 / \$160 NR



COMPUTERS

MS Excel Beginner Workshop	July 26	Sarah Juenemann	Adult Ed. Center	Wednesday	6:00 - 9:00 PM	\$30/\$35 NR
MS Excel Intermediate Workshop	August 16	Sarah Juenemann	Adult Ed. Center	Wednesday	6:00 - 9:00 PM	\$30/\$35 NR

Certified Nursing Assistant

Are you interested in a fast-track CNA program? The summer CNA class will run from June 13 to August 18. Complete the 180 hour program in just 10 weeks. Classes will meet from 8am to 1pm Monday through Thursday. Please download the application from merrymeeting.org and return it to the adult education office or call 729-7323 to have an application mailed to you.



Instructor: Susan Pulkkinen, RN
Starting Monday, June 12, Monday-Thursday, 8:00 AM - 1:00 PM for 9 weeks
Location: Region Ten Tech
\$950/\$975 NR

ServSafe Manager Certificate

This course satisfies state of Maine requirements. Course includes Textbook (new 6th edition), 8-hour training, exam and certificate. Certificate is good for 5 years. This training fulfills the state requirement for having a certified food handler on premises. No discounts. Call 217-2500 to register over the phone or register online at www.onfocussolutions.com

Instructor: Ken Bakos
Sunday, June 11, 9 am - 4:00 pm
Location: Adult Ed. Center
Course, book, exam & certificate: \$149

NEW! Writing for Children

Do you have an idea for a children's book rattling around in your mind? Many of us have a favorite child's book but did you ever think about what makes it so memorable? Figuring out the elements that make a great children's story is no easy task but tapping into your inner child can help you create a story that will capture the imagination of the young reader. Join Laurie Notch for this 3-session workshop and get that story out of your brain and onto paper.

Instructor: Laurie Notch
Tuesday, July 25, 6 pm - 9 pm for 3 evenings
Location: Brunswick High School
\$45/ \$50 NR



Fiction In a Flash: Pumping Up Prose With Prompts

Can you compose a story in 500, 100, or 50 words or less? In 3 hours, develop characters, plot, and compose a finished work. A great way to exercise those writing muscles and keep them in shape. Come on, all you writers... Here's your chance to take up the challenge and have some fun!

Instructor: Laurie Notch
Thursday, August 17, 6 pm - 9 pm for 1 evening
Location: Brunswick High School
\$30 / \$35 NR

NEW! Writing Reality in Creative Nonfiction

This ½ day generative workshop provides an overview of the Creative Nonfiction genre, as well as exercises to help kick-start your writing or expand your thinking about various nonfiction forms: essay, memoir, literary journalism, narrative poetry. Bring your laptop (or pen and notebook). You may bring a writing sample if you wish (not required). Coffee and snacks provided.

Instructor: Pat Casey
Saturday, June 10, 9:00 am - 1:00 pm
Location: Adult Ed. Center
\$30 / \$35 NR

Academy of Medical Professionals

Call 721-0714 for summer class dates, times and locations.

- > Medical Billing & Coding
- > Medical Transcription
- > Medical Office Specialist
- > Dental Assisting
- > Pharmacy Technician
- > Phlebotomy

Ready To Go To College?

Free college preparation - call 207-729-7323 ext. 1 to make an appointment with our advisor. Become a College Connection Student today!

